

Dr. Komal. M. Halkai 2<sup>nd</sup> year PG Dept. of Pharmacology



- Tuberculosis is one of the world's most widespread deadly illness.
- It is caused by bacteria *Mycobacterium tuberculosis* 
  - ✓ usually affects the lungs, although other organs are involved in up to one-third of cases.
- *Mycobacterium*, from the Greek "mycos," refers to Mycobacteria's waxy appearance,
  - $\checkmark$  Due to the composition of their cell walls.

More than 60% of the cell wall is lipid,

✓ Mainly mycolic acids

composed of

- 2-branched, 3-hydroxy
- fatty acids.
- This extraordinary shield
  prevents many pharmacological
  compounds getting into
  the bacterial cell membrane
  or inside the cytosol.



A second layer of defense

✓ abundance of efflux pumps responsible for the resistance of mycobacteria to many standard antibiotics.

- ✓ Ex. ATP binding cassette
- A third barrier is

✓ ability of some of the bacilli to hide inside the patient's cells(intracellular),

✓ an extra barrier that antimicrobial agents must cross to be effective.

- The basic principles of antituberculous treatment are
- 1. To administer multiple drugs

 $\checkmark$  to which the organisms are susceptible

- $\checkmark$  resistance can be delayed.
- 2. To add at least two new antituberculous agents to a regimen when treatment failure is suspected.
- 3. To provide the safest, most effective therapy in the shortest period of time so that patient will become sputum negative.
- 4. To ensure adherence to therapy.

*First line drugs Isoniazid Rifampicin Pyrazinamide Ethambutol Streptomycin*  Second line drugs Amikacin Kanamycin Capreomycin Ciprofloxacin Ofloxacin Levofloxacin Moxifloxacin cycloserine

## FIRST LINE DRUGS

- Agents are recommended on the basis of their
  - Bactericidal activity.
    - ✓ i.e., their ability to rapidly reduce the number of viable organisms and render patients noninfectious
  - Sterilizing activity.
    - ✓ i.e., their ability to kill all bacilli and thus sterilize the affected tissues, measured in terms of the ability to prevent relapses
  - Low rate of induction of drug resistance.
  - To be effective against both intracellular and extracellular growing bacilli.

- It is a derivative of rifamycin B, isolated from streptomyces mediteranei.
- It is bactericidal and acts against intracellular and extracellular organisms
- The only drug that acts on persisters.

# **MECHANISM OF ACTION** Binds to the $\beta$ subunit of DNA-dependent RNA polymerase (*rpoB*) stable drug–enzyme complex. Inhibition of RNA synthesis

#### Bacterial Resistance

Due to mutations at codons 526 and 531 of the *rpoB* gene

#### Pharmacokinetics :

- ✓ Food interferes with its absorption.
- ✓ It penetrates all membranes including blood brain and placental barrier.
- Metabolized in liver, undergoes enterohepatic circulation ; secreted in bile and saliva.
- ✓ It is eliminated mainly in feces so can be used safely in renal dysfunction.

•*Dose:* 10mg/kg

Max:600mg/dose

Adverse effects:

✓ Hepatitis, fever, rash

✓ orange-colour discoloration of skin, urine, feces, saliva, tears.

✓ Flu–like syndrome.

- Fever, chills, myalgia.
- Eosinophilia, interstitial nephritis, acute tubular necrosis, thrombocytopenia, hemolytic anemia, and shock
- ✓ Gastrointestinal upset

- Drug interactions :
- ✓ Rifampin potently induces CYPs 1A2, 2C9, 2C19 and 3A4.
- ✓ Leads to therapeutic failure of these agents

•Oral contraceptives, corticosteroids, warfarin, oral hypoglycemics, protease inhibitors and nonnucleoside reverse transcriptase inhibitors.

Aminosalicylic acid may interfere with absorption of rifampin.

#### **PYRAZINAMIDE**

- Is the synthetic pyrazine analog of nicotinamide
- Pyrazinamide is "activated" by acidic conditions.
- Mechanism of Action. Three mechanisms have been proposed
- Inhibition of fatty acid synthase type I leading to interference with mycolic acid synthesis
- 2. Reduction of intracellular pH
- 3. Disruption of membrane transport by HPOA

#### **PYRAZINAMIDE**

#### Mechanism of resistance.

- Pyrazinamide-resistant *M. tuberculosis* have pyrazinamidase with reduced affinity for pyrazinamide
- Single point mutations in the *pncA* gene.
- Pharmacokinetics :
  - oral bioavailability is >90%
  - The drug is concentrated 20-fold in lung epithelial lining fluid (Conte et al., 2000)

#### **PYRAZINAMIDE**

- Metabolized by microsomal deamidase to POA.
- Excreted by kidneys.
- *Dose :* 15–30 mg/kg

Max: 2 g/dose

- Adverse effects:
  - Hyperuricemia, hepatotoxicity
  - Rash, gastrointestinal upset
  - Joint aches.



- It is an prodrug.
- It is
  - Bacteriostatic resting bacteria
  - Bactericidal rapidly multiplying organisms
- It is effective against intracellular and extracellular mycobacteria.

### Mechanism of action



## ISONIAZID

- Mechanisms of Resistance:
- It occurs due to mutation in KatG (gene for catalase peroxidase) or inhA.
- Mutations in *katG* is responsible for high level of resistance.
- Mutation in inhA gene confers cross resistance to ethionamide.

### ISONIAZID

#### Pharmacokinetics:

- oral bioavailability ~100%
- Widely distributed in body including CSF
- Metabolized by ACETYLATION which is genetically controlled.
- ✓ Fast acetylators require high dose
- Slow acetylators are predisposed to toxicity(peripheral neuritis)
- Dose: 5 mg/kg

Max: 300 mg/dose

## Adverse effects

- Hepatotoxicity
- Peripheral neuritis
- Hemolysis in G–6–PD deficiency
- Inhibits MAO–A (cheese reaction)
- "shoulder-hand syndrome"- back pain; bilateral proximal interphalangeal joint involvement; arthralgia of the knees, elbows and wrists.
- Neurological toxicities :
  - ✓ convulsions in patients with seizure disorders,
  - ✓ optic neuritis and atrophy, muscle twitching, dizziness, ataxia, paresthesias, stupor, and toxic encephalopathy

## **ETHAMBUTOL**

- It is a **BACTERIOSTATIC** agent for mycobacterium.
- Mechanism of action.
  - Inhibition of synthesis of arabinogalactan (component of cell wall) due to inhibition of arabinosyl transferase III.
- Mycobacterial resistance.
  - Mutations in the *embB* gene.

#### **ETHAMBUTOL**

#### Pharmacokinetics:

- It is distributed throughout the body except CSF.
- Ethambutol elimination is biexponential, with a
  - $t_{1/2}$  of 3 hours in the first 12 hours, and
  - $t_{1/2}$  of 9 hours between 12 and 24 hours, due to redistribution of drug.
- Excreted by kidneys, so in renal failure ethambutol should be dosed at 15–25 mg/kg, three times a week instead of daily, even in patients receiving hemodialysis.

#### **ETHAMBUTOL**

■*Dose*: 5–25 mg/kg

Max: 2.5 g/dose

Adverse effects:

optic neuritis

- Resulting in decreased visual acuity
- Loss of ability to differentiate red from green.
- May be due to effect on amacrine and bipolar cells of retina.
- \* Hyperuricemia and peripheral neuritis
- Pruritus, joint pain, GI upset, abdominal pain, malaise, headache, dizziness, mental confusion, disorientation, hallucinations.

- Streptomycin, Amikacin, Kanamycin, capreomycin
- Aminoglycosides are bactericidal inhibitors of protein synthesis.
- Bacterial killing concentration dependent.
- MECHANISM OF ACTION: Binds to the 30S ribosomal subunit,
  - ✓ interferes with initiation of protein synthesis by fixing the 30S–50S ribosomal complex at the start codon (AUG) of mRNA.

- Binding to the 30S subunit causes
  - ✓ Misreading of mRNA
  - ✓ Leading to premature termination of translation
- Incorporation of incorrect amino acids, resulting in
  - ✓ production of abnormal or nonfunctional proteins.



#### Mechanism of resistance :

- Mutations in *rpsL* and *rrs* are associated with high-level resistance.
- *GidB* mutations lead to high-level streptomycin resistant mutants
- Pharmacokinetics:
  - Absorbed rapidly from intramuscular sites of injection
  - Distributed poorly into adipose tissue, must be considered when using weight-based dosing regimens in obese patients.

High concentrations are found

- Renal cortex
- Endolymph and perilymph of the inner ear

 Streptomycin can cause hearing loss in children born to women who receive the drug during pregnancy.

Excreted by glomerular filtration

• Adverse effects :



Major toxic effects of Aminoglycosides are Ototoxicity & Nephrotoxicity 155 @2007 Nursing Education Consultants, Inc.

#### Dosage:

- Amikacin: 15 mg/kg/day
- Streptomycin: 15 mg/kg/day, IM, for 2–3 months and then two or three times a week thereafter.
- Kanamycin.15 mg/kg/day

max-1.5 g/day

#### CYCLOSERINE

- It is a broad–spectrum antibiotic produced by *Streptococcus orchidaceous.*
- Mechanism of action :
  - Cycloserine and d-alanine are structural analogs
  - Thus cycloserine inhibits alanine racemase which converts L-alanine to d-alanine stopping reactions in which dalanine is incorporated into bacterial cell-wall synthesis.

#### Pharmacokinetics:

- Oral cycloserine is almost completely absorbed
- $t_{1/2}$  is 9 hours ; well distributed throughout body.
- Excreted by kidneys

#### CYCLOSERINE

- Dose : Adults :250–500 mg twice daily
- Adverse effects:
- Neuropsychiatric symptoms (psychserine."): headache and somnolence to severe psychosis, seizures, and suicidal ideas

#### FLUOROQUINOLONES

#### They are DNA gyrase inhibitors



## FLUOROQUINOLONES

- Drugs such as ofloxacin and ciprofloxacin have been secondline anti-TB agents for many years, but they are limited by the rapid development of resistance.
- Adding C8 halogen and C8 methoxy groups markedly reduces the propensity for drug resistance.
- Of the C8 methoxy quinolones, moxifloxacin is being studied to replace either isoniazid or ethambutol.

## FLUOROQUINOLONES

- Moxifloxacin (400 mg/day) has bactericidal effects similar to that of standard doses of isoniazid (Johnson et al., 2006).
- 400 mg/day of moxifloxacin produces faster sputum conversion at 4 weeks than ethambutol (Burman et al., 2006b)
- Moxifloxacin is currently being studied in a phase 3 trial that may eventually lead to 4-month duration of anti-TB therapy compared to the current 6 months.

#### Mechanism of action



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#### Mechanism of resistance



Source: Brunton LL, Chabner BA, Knollmann BC: Goodman & Gilman's The Pharmacological Basis of Therapeutics, 12th Edition: www.accessmedicine.com

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#### NEWER DRUGS

- BEDAQUILINE (TMC207)
  - A novel drug to combat multiple drug-resistant tuberculosis
  - Is the first compound from the new class diarylquinolines
  - Acts by inhibiting bacterial adenosine triphosphate (ATP) synthetase enzyme, a novel mode of action (Andries *et al.*)

#### TARGETS OF NEWER DRUGS

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#### NEWER DRUGS

#### DELAMANID

- •Newer drug for drug resistant tuberculosis.
- **Is a dihydro-nitroimidazooxazole derivative.**
- It acts by inhibiting
  - ✓ synthesis of mycobacterial cell wall components
  - ✓ Methoxy mycolic acid and ketomycolic acid.

